



Northern Buckeye Conference

High School Track and Field Championships

Rossford Sports Complex, Saturday, May 11, 2024

Rossford Sports Complex not Glenwood Athletic Complex
28500 Lime City Road, Rossford, OH 43551 Phone: (419) 720-6705

Meet scorer: Richard Morgan, phone: 419-601-1976
email: rmorgan55@gmail.com

- Teams:** Eastwood, Fostoria, Genoa, Lake, Maumee, Oak Harbor, Otsego, and Rossford
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. **Once the meet begins, only drops will be accepted except for injury.**
- Meeting:** There will be a short coaches' meeting at about 9:15 in the hospitality tent.
- Sprints:** All sprints will be run as finals, based on submitted times. Athletes were placed into two heats, run from slower to faster. However, anyone can score from either heat.
- Field Events:** In the SP and DT, the athletes have been seeded by submitted distances in flights. Each athlete will get three attempts, and the top 9 competitors will advance to the finals. The LJ was seeded alphabetically by school, with the competition being open pit for one hour for each gender. Each athlete will get three attempts, and the top 9 competitors will advance to the finals. Placing will be based on best attempt, based on all 6 efforts. Please use your own implements. Make sure you have them weighed.
- Distance:** All three distance events were seeded two runners to a lane.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Maumee, Rossford
400 m relay zone 2: Genoa, Otsego
400 m relay zone 3: Fostoria, Oak Harbor
800 m relay zone: Eastwood, Lake
- Heights:** We will use the following starting heights: Girls HJ 4'4", Boys HJ 5'4", Girls PV 6'0", and Boys PV 9'. **These can be changed by mutual coach agreement if necessary.**
- Scoring:** We will score 8 places. (10-8-6-5-4-3-2-1)
- Awards:** There will be a team trophy for champion. There will be individual and relay awards for 1st, 2nd, 3rd place. Awards will be sent to the respective schools. Also, there will be both a track and a field athlete of the meet as well. Girls' coaches vote for girls, boys' coaches likewise for boys. The vote for these awards will be at the 50-yard line after the 1600 M relay.
- Markings:** Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays.
- Live Results:** Live results will be available during the meet at baumspage.



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Schedule and Information

Field events

- 10:00 AM
- Girls Pole Vault, boys to follow
 - Girls High Jump, boys to follow
 - Boys Long Jump, girls to follow
There will be 3 attempts, then the top 9 jumpers go to finals for 3 more attempts.
Competition will be open pit for one hour, then finals
 - Boys Shot put, girls to follow
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts.
 - Girls Discus, boys to follow
There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts.

Finals for Running Events

- 11:00 AM Girls 4 X 800 M Relay final
Boys 4 X 800 M Relay final
- 12:00 PM Girls 100 M Hurdles (2 heats)
Boys 110 M Hurdles (2 heats)
Girls 100 M Dash (2 heats)
Boys 100 M Dash (2 heats)
Girls 4 x 200 M Relay
Boys 4 x 200 M Relay
Girls 1600 M Run
Boys 1600 M Run
Girls 4 x 100 M Relay
Boys 4 x 100 M Relay
Girls 400 M Dash (2 heats)
Boys 400 M Dash (2 heats)
Girls 300 M Hurdles (2 heats)
Boys 300 M Hurdles (2 heats)
Girls 800 M Run
Boys 800 M Run
Girls 200 M Dash (2 heats)
Boys 200 M Dash (2 heats)
Girls 3200 M Run
Boys 3200 M Run
Girls 4 x 400 M Relay
Boys 4 x 400 M Relay